► LITTLE VICTORIES...... 1-3

OISSUE 11 OVOLUME 11 OMAY 2023



FOCUSED ON WHAT MATTERS MOST.

Little Victories

By Casey Clarke

One of the human impulses that's most destructive to long-term investment success is the desire to maximize returns regardless of the risk in doing so. Whether this manifests in buying the popular stock of the day hoping for similar results in the future or buying a seemingly more diversified stock market index after a historically stellar run, the allure of good returns can distract us from what matters most - avoiding large losses. Although investing in "the market" via an index fund may not feel like it, at the wrong point in time it can be akin to swinging for the fences, just like with the hot individual stock. This isn't to say that as investors we can't take reasonable swings when we have a pitch down the middle, nor is it to say that losses can always be avoided. The point is that the majority of the time, when the ideal situation doesn't exist, we should seek out little victories - opportunities to advance the runners, one base at a time, one runner at a time. We can almost look at retirement planning or maintaining financial independence as starting a baseball game with a three to nothing deficit. Assuming we hold the opposing team to three runs, we have nine innings to get four. If we take too many chances at inopportune times, we'll fall short. If we focus on

probabilities and pick our spots, we have a very good chance of getting the win.

A good example of this is the last 16 months, since financial markets started turning south. Over that period of time, the S&P 500 is down ~10%, the Russell 2000 (small caps) ~-20%, high grade corporate bonds ~-11%, and long dated U.S. government bonds ~-24%. So much for traditional stock/bond diversification, eh? Now, let's say that rather than being down ~-12% in a diversified portfolio over the last 16 months, you broke even. Although you didn't gain anything, you also, and in this environment more importantly, didn't lose anything. What we know about human nature is that this wouldn't feel like anything special until it's put into perspective and measured against what most other investors experienced, after which it probably still wouldn't feel that special, because we're human. But although it may not feel special, it should be viewed as a little victory. How important are these little victories, you ask? Very important, assuming they occur as the result of an investment process that is repeatable.

Loss Minimization Focus

Portfolio B	Portolio A	I
10.0%	10.0%	
5.0%	5.0%	
-5.0%	-15.0%	
9.0%	9.0%	
-10.0%	-20.0%	
10.0%	10.0%	
20.0%	20.0%	
7.0%	7.0%	
1.0%	-9.0%	
18.0%	18.0%	

Let's assume that we're in a market environment that is late-stage and overdue for a rough stretch, which we would debate all comers that we are in fact in. In the chart to the right, under "Portfolio A", we have a ten-year sequence of returns with a numerical average of 3.5%. Based on today's valuations and growth prospects, we would do very well to achieve this average over the next 10 years, if not much longer. For simplicity, we repeat this pattern over thirty years. In the second column labeled "Portfolio B", we have the same returns with the exception of the three negative years, where we do 10% "less badly". This increases our numerical average return to 6.5% from 3.5%. The question of course is, what would the impact of the little victories in the latter return sequence repeating over a 30-year period be on one's retirement plan?

To find out, we first have to think of a hypothetical investor scenario. Let's assume we have a retiree or retired couple that is bringing in \$40,000 of fixed income annually, spends \$50,000, and has a portfolio of \$500,000. So, there is an income shortage of \$10,000 per year that the portfolio has to provide for. Let's also assume that the expenses grow at 4% each year and the fixed income at 2%, which approximates social security income growing at half the rate of price inflation (cost of living). For simplicity, let's also assume that any taxes owed are built into the \$50,000 expense figure and our investment process achieves the same returns in all years except for those three bad years in the sequence, where we lose less. It's worth highlighting that we're not suggesting this is likely or easy to accomplish. We're merely keeping this exercise simple to illustrate the importance of minimizing losses in bad market environments. Okay, with all that laid out, let's look at the black chart below.

What you'll notice is that by minimizing losses in 9 bad years over a thirty-year period of time, one goes from running out of money in year 23 to having more than \$400,000 left in their nest egg at the end of our retirement timeframe. This is, shall we say, kind of a big deal. In any one of these nine years where losing less may not feel like anything special, over time, and in the grand scheme of things, it's a critical part of a successful investment result and retirement plan.



Big Swings Focus

Now, let's say that rather than committing to an investment plan that prioritizes loss minimization, we focus instead on taking big swings and trying to maximize returns in the good years. In the matrix to the right, you'll notice our returns in "Portfolio A" are the same as before, but in "Portfolio B", rather than losing less in the bad years, we increase our returns in the three best years by 10% each year. The end result is a bump in the average numerical return from 3.5% to the same 6.5% we saw in the loss minimization example. The strange thing, however, is that rather than our hypothetical retiree (s) ending up in the same place at the end of thirty years, they are much worse off, running out of money around year 29 (see black chart below).

Portolio A	Portfolio B
10.0%	10.0%
5.0%	5.0%
-15.0%	-15.0%
9.0%	9.0%
-20.0%	-20.0%
10.0%	20.0%
20.0%	30.0%
7.0%	7.0%
-9.0%	-9.0%
18.0%	28.0%



The reason for this is purely mathematical. If we have a two-year sequence of returns of -50% and +50%, the quick numerical average of 0% tells us we should end up right where we started, only that's not how it works. Starting with \$100, we drop to \$50, then back up to \$75 after the second year. Reverse the order and we get the same thing; up to \$150, then down to \$75. Although the order doesn't matter in this example, it does come into play when we're adding and withdrawing from the portfolio. That's a topic for another day, however. The point here is that losses matter more to investment success than gains – way more. Looked at another way, the S&P 500 is about 175% higher than it was at its peak in 2007, 16 years ago, but it would only take a -65% loss to wipe out all those gains. Impossible? Unfortunately, it's not. Every stock market bubble over the last 100 years has come down at least -50% with a few -80% plus declines thrown in there for good measure (Dow 1929, Nikkei 1989, and Nasdaq 2000). Decades of progress can be lost in months and years. Losses simply matter more. Although this example may sound pessimistic to some, what I'll confess is this; sometimes an honest, informed assessment of things isn't so rosy. Viewing a not so rosy situation objectively does not make one pessimistic. Pessimism is a frame of mind. We can either ignore reality or focus on doing something about it in a constructive, productive way. Our plan, given the current reality of the situation, is to focus on asset classes that make good investment sense and minimize losses to the best of our ability.

So, if you've managed to break even over the last 16 months because you're managing risk and doing it differently than most, congratulations. Most of our clients know what we're talking about here. Although it may not feel like progress, it absolutely is. In avoiding larger market losses, you've advanced the runner and scored a little victory, and it's these little victories accumulated over time that get you the win. One hit at a time, one runner at a time. It's been a great 16 months and a great start to 2023.

2023 Asset Class Returns Year-to-Date Review

By Steve DeBoth

Last year ended with most major investment asset classes having suffered a notably bad year, and that is even after experiencing a bounce-back in the fourth quarter. Bonds had a historically bad year, especially for an asset category that has been seen as conservative. Alternative investments, like real estate and commodities, had more of a mixed year, with some classes within that category performing relatively well, while one had a profoundly bad year. Before revisiting the returns for last year, consider the table to the right that identifies the different asset classes within the major investment categories of US Stocks, Foreign Stocks, Bonds, and Alternatives.

A quick side note: I color-code the asset classes to try to make it easier to get a sense for what each major category is showing in a particular chart. So, to see how US stock classes performed relative to all the other investments, just focus on the yellow bars. For foreign stocks, focus on the red bars, and so on. I will admit that all those bars and all those colors are a lot to take in. The first way I look at the chart is to see in general how all the differ-

<u>US STOCKS (yellow):</u>	<u>BONDS (green):</u>
Large-cap stocks	Agency bonds
Mid-cap stocks	Emerging market bonds
Small-cap stocks	Floating rate bonds
FOREIGN STOCKS (red):	Global (non-US, non-emerging
	market) bonds
Emerging market stocks	High grade US corporate bonds
Large-cap developed market for-	High yield US corporate bonds
eign stocks	
Small-cap developed market for-	Mortgage bonds
eign stocks	
ALTERNATIVES (purple):	Municipal bonds
Cadence separately managed	US treasury bonds
accounts	
Commodities	US treasury inflation-protected
	bonds
Real estate	
Global macro, managed futures,	
everything else	

ent investments are performing. Are they increasing, decreasing, or is it a mixed bag? Last year was not much of a mixed bag at all, as nearly every asset class lost value. Next, I pick out the different categories based on color to see how they have performed relative to the others. This way, all those bars and colors make a bit more sense – what's the general pattern, and what is each color doing?

What you can see for last year was that the more aggressive categories, US Stocks and Foreign Stocks, noted by the yellow and red bars, performed pretty poorly compared to bonds and alternatives. However, even bonds and alternatives had one or two investments that performed as bad or worse than stocks. There is a blue bar in there that illustrates how a diversified mix of stocks, bonds, and alternatives targeting roughly a 50/50 traditional stock-bond mix performed.



The first thing you see is just how negative last year was. All those downward pointing bars for all the individual asset classes. Drilling deeper by focusing on the different colors, it looks like Alternatives in purple had a relatively good year, save for Real Estate which did quite poorly. Bonds in green were pretty much in the middle of the other categories, with foreign bonds doing poorly and very short-term bonds doing much better. Lastly, as mentioned before, US Stocks in yellow and Foreign Stocks in red had a pretty poor year compared to the other categories. What I found particularly intriguing about last year is just how well the 50/50 portfolio in blue performed relative to asset class returns. When advisors talk about the benefits of diversification, this is one of those examples. Last



The first observation for the chart on the prior page is all but one asset class has earned a positive return so far this year, which is almost the exact opposite of last year. The one that is negative on the year is commodities, with a heavy allocation toward oil. It was the only asset class that had a high single digit positive return last year, so it's no surprise it has given some of that back this year. In many respects, investment returns through late April of this year have been mirror images of 2022: US Stocks and Foreign Stocks have mostly performed well, bonds are mostly in the middle, and Alternatives have some classes doing well to very well, and some doing poorly to very poorly. Unlike last year when the 50/50 diversified portfolio outperformed the sum of its parts, this year so far it is firmly in the middle of all the asset class returns.

Reorganizing this chart and grouping the classes by their major categories yields this:



Major Asset Class Returns 12/31/2022 - 4/25/2023 Grouped by Category

This is where asset classes stand through late April: bonds with small gains, aggressive categories like US and Foreign Stocks with mostly mid to high single digit returns, and Alternatives at both ends of the spectrum. Where things go from here will depend on how much further the economy deteriorates, inflation, interest rates, and what Washington does with the debt ceiling, among other things. It's not a surprise that the asset classes that were most beaten down last year have rebounded the most so far this year. That is pretty normal, but this does not mean risk assets like stocks and real estate are out of the woods.

As we have detailed in previous Cadence Clips, like September 2015's piece, <u>"Anatomy of a Meltdown"</u>, investments can stage pretty nice rebounds during a bear market, only to turn down further. There are many variables left to play out this year, with no indication those that usually cause stock market pain are fully resolved. Because bonds had such a historically bad year last year with only a minor recovery so far this year, the chances may be high that in

the event the stock market does turn back down again, bonds may not be pulled down with it, which would help investment allocations that include bonds. Considering how our portfolios performed during a bad stock market year last year, even those that also had bonds, we feel like our client assets are positioned to weather a storm brought on by rapidly decreasing stock values.

Important Disclosures

This newsletter is provided for informational purposes and is not to be considered investment advice or a solicitation to buy or sell securities. Cadence Wealth Management, LLC, a registered investment advisor, may only provide advice after entering into an advisory agreement and obtaining all relevant information from a client. The investment strategies mentioned here may not be suitable for everyone. Each investor needs to review an investment strategy for his or her own particular situation before making any investment decision.

Past performance is not indicative of future results. It is not possible to invest directly in an index. Index performance does not reflect charges and expenses and is not based on actual advisory client assets. Index performance does include the reinvestment of dividends and other distributions

The views expressed in the referenced materials are subject to change based on market and other conditions. These documents may contain certain statements that may be deemed forward -looking statements. Please note that any such statements are not guarantees of any future performance and actual results or developments may differ materially from those projected. Any projections, market outlooks, or estimates are based upon certain assumptions and should not be construed as indicative of actual events that will occur. Data contained herein from third party providers is obtained from what are considered reliable sources. However, its accuracy, completeness or reliability cannot be guaranteed.



Examples provided are for illustrative purposes only and not intended to be reflective of results you can expect to achieve.